

# TENNESSEE'S HEALTHIER SCHOOLS CHALLENGE

## Checklist

To recognize school systems for creating healthier school environments, encouraging adoption of healthy behaviors, and promoting the connection between health and academic success the Tennessee School Boards Association and the Tennessee Department of Education - Office of Coordinated School Health have established the Tennessee's Healthier Schools Award. Complete the following checklist to document that your system has met the award criteria and submit either via fax, email or mail by October 1, 2012 to TSBA Communications Specialist, Lindsay Campbell. Please make a copy for your records prior to submission.

- \_\_\_\_\_ **1.** CSH goals are incorporated into school system's strategic plan.
- \_\_\_\_\_ **2.** One new school is recognized as a USDA HealthierUS Challenge school.
- \_\_\_\_\_ **3.** All schools are compliant with the 90-minute physical activity law.
- \_\_\_\_\_ **4.** One new school participated in a physical activity program.
- \_\_\_\_\_ **5.** A wellness program was provided to school board members and 50% actively participated.
- \_\_\_\_\_ **6.** Health and wellness information was shared with all parents/guardians.
- \_\_\_\_\_ **7.** At least two community wellness events were held for parents/guardians.
- \_\_\_\_\_ **8.** Students were active members of School Health Advisory Committee and all Healthy School Teams in Middle and High School.
- \_\_\_\_\_ **9.** All students received a minimum of 30 minutes of Comprehensive Health Education every week.
- \_\_\_\_\_ **10.** The percent of school health community partnerships and/or grants/in-kind gifts to LEA's increased by 10% from the previous year.
- \_\_\_\_\_ **11.** Staff wellness program participation increased by 10% from the previous year.
- \_\_\_\_\_ **12.** A system-wide in-service was held that linked health to academics.

*Our system has completed each of the above criteria.*

\_\_\_\_\_  
Board Chairman

\_\_\_\_\_  
CSH Coordinator

\_\_\_\_\_  
Superintendent

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

\_\_\_\_\_  
School System